



Mini Pizzas - Makes 12

INGREDIENTS:

*1 pack of wholemeal English muffins
Pizza sauce (alternatively use tomato paste
and some sprinkled basil and oregano)
Shredded cheese*

OPTIONAL TOPPINGS:

*Sliced ham
Pineapple
Capsicum
Mushrooms*

INSTRUCTIONS:

1. Pre-heat oven to 200°C.
2. Split the English muffins to make 12 halves.
3. Place muffin halves on a baking tray to prepare.
4. Using a butter knife, spread the pizza sauce (or tomato paste and herbs) over the muffins.
5. Choose which toppings to add and sparingly place them over the muffin.
6. Sprinkle cheese over your toppings.
7. Place in the oven for 10 minutes or until cheese is melted.
8. Enjoy!

